

Breaking Chains - Healing

AIM Spring Meet Up #3, May 2, 2023 w/ Jason

Open your small group time in prayer.

Have each guy introduce themselves (optional: share how you recovered from an injury).

1. Why is it sometimes hard for men to see a doctor or therapist for help?
2. **Read Mark Chapter 2:1-12.** Describe how you see Jesus healing the paralyzed man, physically and spiritually? Which happened first and why does that matter?
3. **Read Romans 8:1-11.** How does your typical thinking compare to the two mindsets described in verse 5 (a mind set on the flesh vs a mind set on the Spirit)?
4. **Read - 2 Corinthians 12:7-9** Why didn't God just remove the "thorn" from Paul's side? What did this build up in Paul?
5. a) What is an area of your life where you need healing?
b) What may be keeping you from experiencing healing?
c) How can Christian community help and encourage you to find healing from God?

Close in prayer, asking God to HEAL you in areas where you struggle with sin.

Ask God's Spirit to show you how you are (or can be) adopted as [a beloved son](#).

Show the website: allinmen.org and invite men to attend the Heart of a Warrior.

* Go to <https://www.allinmen.org/trust-in-christ> to share how God's Spirit can live in us!